

PROPOSED SUBMISSION FOR THE 28th INTERNATIONAL CONGRESS OF APPLIED PSYCHOLOGY: ORAL PAPER

DEVELOPMENT OF RESILIENCE CURRICULUM FOR EARLY YEARS

Renata Miljević-Riđički, Ph.D., Associate Professor, Faculty of Teacher Education,
University of Zagreb, Croatia

Carmel Cefai, Ph.D., Associate Professor, University of Malta

The need for a resilience curriculum in early years education is trying to be addressed through the cooperation of educational professionals from six European countries: Malta, Croatia, Portugal, Greece, Italy and Sweden.

The objective of the curriculum is to help children to address both situational and developmental challenges they face at particular stages in early education years.

Basic curriculum principals will be: developmental, step by step approach, making use of experiential, participative learning, multilevel, inclusive/diversity minded, child centered, meaningful and relevant to real life, user friendly, built on evidence based practice, addressing European identity and diversity.

Each country will focus on one theme and develop kindergarten activities on the topic. Basic themes are:

- 1) Developing positive mindset
- 2) Building on strengths
- 3) Developing self determination
- 4) Enhancing communication skills
- 5) Building and maintaining healthy relationships
- 6) Turning challenges into opportunities.

Some of activities proposed by Croatian experts will be presented during the congress.

Key words: resilience curriculum; early years

Corresponding author: Renata Miljević-Riđički renata.miljevic@gmail.com