

## Teachers' Assessment Checklist Early Years

<p style="text-align: center;">Name of Pupil: _____</p> <p style="text-align: center;">Date completed: _____</p>	<p>0: Not observed/ non-applicable</p> <p>1: Developing</p> <p>2: Developed</p> <p>3: Consolidated</p>
<b>Instructions:</b> Complete the checklist for each pupil at the end of <i>Unit 1 Promoting A Growth Mindset</i> .	
<b>1. DEVELOPING GROWTH MINDSET</b>	
<b>1.1. POSITIVE AND OPTIMISTIC THINKING</b>	Level 0,1,2 or 3
<b>1.1.1. Positive and negative thinking</b>	
1.1.1.B <sup>1</sup> . The pupil is able to walk like optimistic and pessimistic characters.	
1.1.1.I. The pupil is able to walk and talk like optimistic and pessimistic characters.	
1.1.1.A. The pupil is able to act like optimistic and pessimistic characters going through their day and encountering challenges along the way.	
<b>1.1.2. It's good to think positive!</b>	
1.1.2.B. The pupil is able to role play optimistic and pessimistic characters' thoughts and feelings.	
1.1.2.I. The pupil is able to role play optimistic and pessimistic characters' thoughts, feelings and actions.	
1.1.2.A. The pupil is able to change a pessimistic character's negative thoughts into positive thoughts and act them out.	
<b>1.1.3. Challenging negative thoughts</b>	
1.1.3.B. The pupil is able to take up the role of an object and give one reason why it is important.	
1.1.3.I. The pupil is able to mention one good thing they like about themselves.	
1.1.3.A. The pupil practices talking back to their negative thoughts.	
<b>1.2. USING POSITIVE EMOTIONS</b>	
<b>1.2.1. Using hope to promote growth and wellbeing</b>	
1.2.1.B. The pupil is able to role play growing from a tiny seed to a tree.	
1.2.1.I. The pupil is able to paint or handprint a symbol of hope	
1.2.1.A. The pupil is able to paint or handprint a 'before and after' picture as a symbol of hope.	
<b>Using happiness to promote growth and wellbeing</b>	
1.2.2.B. The pupil is able to sing a song and talk about happiness.	

<sup>1</sup> B = Basic level, I = Intermediate level, A = Advanced level

1.2.2.I. The pupil is able to speak about a time when he/she felt happy.	
1.2.2.A. The pupil is able to draw, paint, or make a collage of an activity or a person that makes him/her feel happy and then talk about it.	
<b>1.2.2. Using humor to promote growth and wellbeing</b>	
1.2.3.B/I. The pupil is able to recognize and finding the funny bits in a problem which helps us feel better.	
1.2.3.A. The pupil is able to talk about what makes him/her laugh.	

Pupil strengths:

Pupil needs:

Targets for improvement:

## Pupils' Self-Assessment Checklist

### Early Years

Name of Pupil: _____  Date completed: _____	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; align-items: center; margin-bottom: 10px;">          No       </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">          Sometimes       </div> <div style="display: flex; align-items: center;">          Yes       </div> </div>	
<b>DEVELOPING GROWTH MINDSET – POSITIVE AND OPTIMISTIC THINKING</b>		
<b>Positive and negative thinking</b>		
<b>Please tick the face that best describes you.</b>	<b>I can do it</b>	<b>I like to do it</b>
I can walk like optimistic and pessimistic characters.		
I can talk like optimistic and pessimistic characters		
I can act like pessimistic and optimistic characters going through their day and encountering challenges along the way.		
<b>It's good to think positive!</b>		
I can role play optimistic and pessimistic characters' thoughts and feelings.		
I can role play optimistic and pessimistic characters' actions.		
I can change a pessimistic character's negative thoughts into positive thoughts.		
<b>Challenging negative thoughts</b>		
I can take up the role of an object and give one reason why it is important.		
I can mention one good thing that I like about myself.		
I can talk back to negative thoughts.		
<b>DEVELOPING GROWTH MINDSET - USING POSITIVE EMOTIONS</b>		
<b>Using hope to promote growth and wellbeing</b>		
I can role play that I am a tiny seed growing to a tree.		
I can make a symbol of hope.		
I can make a "before and after" symbol of hope.		
<b>Using happiness to promote growth and wellbeing</b>		
I am able to sing a song and talk about happiness.		

I am able to talk about a time when I felt happy.						
I am able to make a picture about I time when felt happy or of a person that makes me happy.						
<b>Using humor to promote health and wellbeing</b>						
I can see that some problems have funny parts and that can make me feel better.						
I can tell other people what makes me laugh.						
<p><b>I enjoyed learning about.....</b></p>       <p><b>I would like to improve.....</b></p>						