RESCUR Implementation Index for the Teacher

Have you attended a training course on the use of this manual in the classroom?	
Have you read carefully the guidelines in the introductory part of the Manual?	
Is enough time being dedicated to do the activities as suggested in the manual?	
Are you adapting the level of the activity (basic/intermediate/advanced) to the needs of students in your classroom?	
Are you making use of the resources provided in the manual for the activities?	
Are you following the SAFE approach in the implementation of the curriculum? - do program activities lead to the development of student skills? (Sequence) - are you using active approaches to teach the skills ? (Active) - do you follow a scheduled, regular time throughout the school year (Focused) - do you aim at teaching specific resilience skills rather than general positive development? (Explicit),	
Are you adapting the curriculum to the students' needs and interests, including developmentally appropriate and culturally responsive activities and resources?	
Are you implementing the curriculum faithfully as instructed in the manual?	
Do you keep regular record of students' progress, strengths and difficulties in the skills they are learning?	
Do you regularly encourage students to reflect on and monitor their own learning?	
Do you complete the assessment checklists at the end of the unit?	
Do you ask the students to complete the self assessment checklists at the end of the unit?	
Do you provide students with opportunity to practice the skills being learnt in their daily classroom life and outside the classroom such as during play?	
Do you encourage students to use the resilience skills in challenging or demanding situations, such as learning difficulties, relationship problems, exam time and transitions?	
Are you regularly implementing the extended activities suggested in the curriculum?	
Are you regularly implementing the home activities?	
Do you keep parents informed about the activities taking place at school and how they can reinforce the activities through the Parents' Manual?	
Are you infusing the curriculum into the other curricular areas such as literacy, numeracy, science education and creativity?	
Do you seek to reinforce the resilience skills in your daily practice, such as pedagogy, use of resources, classroom management, and relationships with your students?	
Do you model positive resilience skills in your daily practice in the classroom?	
Do you link the curriculum to the whole school activities in resilience building?	